PLANNING

Planning is the process of thinking about and organizing the activities required to achieve a desired goal.

Planning is one of the executive functions of the brain, encompassing the neurological processes involved in the formulation, evaluation and selection of a sequence of thoughts and actions to achieve a desired goal.

Wikipedia.com

Planning is the process of putting procedures together that could aid one to reach a target. It is telling oneself how tomorrow should look like.

To plan, the first things to consider is where you are now and what things you have, thereafter, identify a target that could be attained. Think out how you could convert the things or your status perceived target, measuring its time, efforts and procedures. Draw up from your present conditions to the expected target putting the procedures, time, and effort it would take.

Planning is just like writing algorithm which when executed would take you to the target or goal.

Planning makes you focused. It creates in you purpose and sense of existence. It comforts you through challenges as it creates hope inside of you.