WATER

Water is the most common liquid in this world. It falls as rain, exists on lands as oceans, rivers, lakes, etc. It even exists underground as underground water.

It dissolves so many things, like sugar, salt and even dirt. We use water for almost everything—for drinking, for cooking, for bathing, etc. Thus, water is a very essential commodity not just in a bachelor's life but in everyone's life.

Water Management and Purification

In water management, one ought to follow the following steps:

- Acquire or reserve water,
- Remove debris and dirt,
- Remove other insoluble or immiscible substances,
- Remove dissolved compounds (both organic and inorganic),
- Other post water treatments may be done depending on the use of the water, whether for drinking or for cooking or for bathing and washing.

Goiter is caused by the lack of iodine in drinking water as it is that our body needs iodine to make thyroid hormone which helps prevent goiter.