THE HUMAN BODY

The Human Body (according to Encyclopaedia Britannica) is the physical substance of the human organism. It is not just the skin but all the internal and external physical components that makes a human.

Biologists discovered that we are made up of cells and that these cells form different kinds of tissues. The tissues form different kinds of organs. The organs form different kinds of systems. And all the systems make the human organism, i.e. the human body.

Normally, when we look at the human body, we see the head, the neck, the shoulders, the arms, the chest, the belly, the hip, the waist, the legs, the knees, the toes, the fingers, the elbows, the ankle, the wrist, nails. We also see hair on the head, eyes, nose, mouth, ears, and skin. We are not health professionals but we can groom and take good care of our body with some basic knowledge. However, malfunctioning of the body requires a health professional to take care of it.